

DR. LANA ROZENBERG

cosmetic dentist



Just north of New York's bustling theater district lies Rozenberg's oasis. By combining high-tech cosmetic dental procedures with a soothing decor and enticing spa

treatments, like an aromatherapy neck and jaw massage, the Rozenberg „Dental Day Spa has made drill-dread a thing of the past. The concept behind the year-and-half-old spa came directly from Rozenberg's clients. "Patients wanted somewhere they could receive top treatments while relaxing " Not only will a visit with Dr. Rozenberg leave you with great teeth and a feeling of calm, but you'll collect a list of indispensable tricks for maintaining your new and improved smile: -Always drink dark-colored beverages through a straw; the less contact with teeth the whiter they'll remain." advises Rozenberg.



"Jamie-Lynn Sigler flipped for MAC Lipglass in Spite. This nude gloss works for all skin tones and gives an instant glow."

"Bumble and Bumble Styling Lotion—great for all hair types because it's so workable and wearable."

"I never leave home without Evian's Le Brumisateur—this instant toner, cleanser and refresher energizes even better than a cup of coffee."

"I use Maybelline Great Lash Mascara on every single one of my clients; it won't flake or cake."

"I've tried every cream out there — ROC Retinol Actif Pur is best for soft hands and doesn't leave a greasy residue."

STEPHANIE PARENT

makeup artist and hair stylist



"Makeup should be used to enhance your individual beauty, instead of changing what you don't like," explains celebrity makeup and hair stylist Stephanie Parent as she meticulously mixes several shades of foundation to achieve the most natural color. Parent, a former model, has been in the fashion industry ever since she moved to New York from Toronto in 1989. "As a child I always knew I wanted to work in this business, and so I started out in front of the camera," she explains. Parent crossed over to styling once she realized she wanted to be more creative. After a six-year styling stint in Italy's frenetic fashion scene during the 1990's, she returned to New York and started gathering an impressive client base of celebs including Janeane Garofalo, Jennifer Holliday, Portia de Rossi and the guys of Aerosmith and N' Sync.



"Blue-based red and brown shades make teeth appear whiter. MAC makes great lipsticks in both color families — MAC Lipsticks in Fetish (show), Vista, Frolick, Plastique, and Shakti."

"I recommend Reach Whitening Tape to just about everyone because it really removes stains in between teeth."

"I developed Bluephoria Skin Indulgence to relax the neck and jaw muscles during dental treatments. It also tightens the area's skin."

"I love Guerlain's Terracotta in long lasting powder in N' 1 and ultimate bronze foundation in N' 2, they create a completely natural glow, and bronzed skin makes teeth look even whiter."